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Dear Students & Parents with Heart @ **Paakuma K-8,**

February is national **“Heart Month”** and **Paakuma’ K-8** wants to help fight the # 1 cause of death in our country, heart disease and stroke. 1 in 3 people will die of heart disease, yet it is 80% preventable. We will be holding a fun event during PE class because we want everyone to be a survivor of heart disease and stroke.

**SURVIVORball for Heart March 10th**

**This will take place during our PE classes in the Paakuma’ gym. There is a $5 minimum donation to play and you will receive a lifesaver “Paintball Duck” and a lanyard. Anyone not wishing to participate will be able to do an alternate PE activity.**

The donations our school raises will help fund lifesaving research, medicine, treatments and education. Almost all donations stay in our area and our school receives PE equipment.

**DONATIONS DUE BACK: Friday, February 17th, 2016**

Receive thank you gifts for collecting donations. All gifts are cumulative.

**Receive a “PAINTBALL” Lifesaver Duck and a lanyard when you raise $5.**

Raise donations easily; go online to: **[www.heart.org/schools](http://www.heart.org/schools)**. Email, Twitter & Facebook. Download the free App. Go to American Heart Association in your App Store and download **Schools4heart** app.

Check with your parent’s employer for matching gift forms to double your tax deductible donation.

Please make checks payable to: ***American Heart Association.***

**Raise $10** and receive a **RED**

**“*Life is Why”* t-shirt.**
YS, S, M, L, XL & XXL

Please specify size on envelope



For every extra 5 bucks you raise, you get to pick a duck from the mystery lifesaver duck collection. First come first serve - maximum of 10 ducks.



BONUS: Receive an “EXTRA LIVES CARD”. You will receive a punch card with extra lives on it. For every $10 you raise, you will earn an extra life in the game.



**Heartfelt thanks,**

**Mr. Walters, Ms. Cajiuat and Mrs. Imbriani**